

Monkchester Road Nursery School Physical Development

At Monkchester Road, we have a large outdoor area that includes our own forest that our children love to explore. We use all of our outdoor space to develop each child's own individual physical abilities.

We believe that Physical Development, experienced in a safe and supportive environment is essential to ensure children attain optimum physical and emotional progress and good health.

We also want to teach children how to co-operate and collaborate with others as part of an effective team, understanding fairness and embedding life-long values.

We recognise the importance of developing our children's gross motor skills and fine motor skills in preparation for early writing.

We teach the fine motor control necessary to hold and manipulate tools effectively through a wide range of activities.

We notice when our children's independence varies and quickly identify individuals who require extra support. We work with parents and outside agencies to improve our children's independence.

We are a healthy school and we embed a strong focus on healthy lifestyles throughout our daily routines and activities.

We place great importance on teaching our children how to recognise what is safe and unsafe in and out of school.

